

# Digby Hiking Adventures

Lots of hikes to choose from:

## **Digby Hike 1: Take a Forest Bath**

Just outside Digby in Hillgrove, you will find the Acacia Valley Brook Trail and Extension. A wonderful place to experience a “forest bath,” this 7 km loop will take you along babbling brooks, through a variety of wetland habitats and under huge old growth Acadian forest stalwarts such as hemlock and yellow birch.

## **Digby Hike 2: Fundy Vistas**

Try a circumambulation of Brier Island. Hike from Northern Light all along the coast on the North side of the Island past Western Light and over the Nature Conservancy Trail to Pond Cove on the southern side of the Island. From there you will have to wander the gravel roads that lead you back into the village of Westport. Be sure to visit the Joshua Slocum monument and enjoy the view of Peter’s Island and Grand Passage.

## **Digby Hike 3: A Bay to Bay Long Island Buffet**

Spend a day or two on Long Island and take in four great little trails. The first is not far from the ferry landing in Tiverton; park at the wharf parking lot, turn right and head up the hill towards Boar’s Head Lighthouse to the Althouse Trail, a few hundred metres on the right. A short trail leads out to a spectacular view of Tiverton and Petit Passage. It’s worth the time to drive or hike to the end of the road to the lighthouse. The second trail leads to Nova Scotia’s iconic Balancing Rock, a basalt column teetering next to Saint Mary’s Bay. This 1.7 km trail follows through bogs, wooded areas to the steep shore. It’s great fun to descend the 235 steps to the viewing platform and a great workout on the return trip. Third is the Central Grove Provincial Park trail leading from the parking lot about 1 km to the Bay of Fundy shore. Mixed forest and beautiful wildflowers amid basalt outcrops take you down a gentle slope to the cobble at the shore. Relax on the viewing platform or beachcomb among the polished cobble stones. The fourth stop on the buffet of hikes is Fundy View Trail in Freeport. From the parking lot you can simply hike the short distance to the viewing platform, or continue on to the trail along the shoreline of the Bay of Fundy, including a hike out to Beautiful Cove.